

**AVOID THE ONE GIFT
NOBODY WANTS
THIS SEASON.**

**GET VACCINATED
AGAINST THE FLU.**

FIND A VACCINATION SITE NEAR YOU.

VISIT FLU.OREGON.GOV OR CALL 800-978-3040

Remember: wash your hands, cover your cough
and sneeze and stay home if you're sick.



**OREGON
PUBLIC HEALTH**

DHS
Oregon Department
of Human Services